

REVERSE ADVENT CALENDAR

Help the foodbank to continue feeding
local people in the New Year!

- 1st** box of cereal
- 2nd** can of soup
- 3rd** packet of instant mash
- 4th** can of tomatoes
- 5th** can of veg
- 6th** can of meat
- 7th** can of potatoes
- 8th** can of fish
- 9th** can of fruit
- 10th** can of rice pudding
- 11th** packet of biscuits
- 12th** can of fruit
- 13th** packet of pasta or rice
- 14th** can of soup
- 15th** can of custard
- 16th** pasta sauce
- 17th** can of veg
- 18th** can of meat
- 19th** 80 tea bags
- 20th** 1 litre juice (long life)
- 21st** 1 litre UHT milk
- 22nd** can of fish
- 23rd** jar of jam
- 24th** 100g bar of chocolate

This is a typical list of
the food in a parcel
that the foodbank
gives for 2 people to
last 3 days.

Last year we distributed
4628.9kg of food - that's
the equivalent of 11,021
meals - to individuals and
families in need over the
Christmas period.

Bring your donations
to the Well (Trafford
St. Farnworth) either
before 22nd Dec or
after the 2nd Jan.

